



# MY FEELINGS OF INADEQUACY - SERMON GUIDE | JUDGES 6:11-16

*Altar is where you make a sacrifice—lay down something before God. Ego—what we believe (think) about ourselves.*

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## WHY DO WE FEEL INADEQUATE?

Unfair Criticism. Unrealistic Compliments. Unwise Comparisons

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### 1. God's view of you is different from what you think. (v.12)

Everything about Gideon's physical actions says, "I'm afraid." But the Lord says, "I am with you," and calls him a mighty warrior. **Read Ephesians 2:10.** Long before you were born, God had a heavenly "to-do" list just for you. Consider throughout scripture the example of Rahab, David and Peter.

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### 2. God has given you more than you think. (v.14)

God says, "Go in the strength you have." Go and use what I have already given you. You have everything you need to do everything that God wants you to do. **Read 2 Peter 1:3.**

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### 3. It's less about you than you think. (v.16)

God says, "I will be with you." When God calls you to do something, it's more about the presence of God than it is about your own power. It's more about his strength than it is about your strength. It's less about you than you think.

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## Key Questions:

- What's one idea from the message that really stood out to you? Why did this idea grab your attention?
- In what ways do you feel inadequate? What might be causing your feelings of inadequacy?
- What steps will you take to overcome any feelings of inadequacy you may have?

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## DAILY BIBLE READINGS

*You may find it useful to read these bible verses each day of the next week as you reflect further on this message.*

Day 1: Judges 6:11-16,  
Day 2: Ephesians 2:8-10,  
Day 3: 2 Peter 1:3-4,  
Day 4: Philippians 4:13,  
Day 5: Romans 7:4-6,  
Day 6: Exodus 4:1-17,  
Day 7: Galatians 2:20-21.

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## Optional Questions:

- How have your feelings of inadequacy affected you?
- Share a time when you realised that God has given you more than you think.
- Why do you think so many of us allow others to define how we view ourselves instead of allowing God to say who we are?

## Next Steps:

- What's one thing will you do this week as a result of something you learned from this message?